



<u>LUNES</u>				<u>MARTES</u>				<u>MIERCOLES</u>				<u>JUEVES</u>				<u>VIERNES</u>				<u>SABADO</u>			
8:00	HATHA YOGA	Olga	SALA 1	8:30	CICLO INDOOR	Jackie	SALA 2	8:00	HATHA YOGA	Olga	SALA 1	8:30	CICLO INDOOR	Laura	SALA 2	9:30	GAP/STEP	Laura	SALA 1	9:30	COMBATT	Laura	SALA 1
9:30	Cross Training	Jackie	SALA 1	9:30	BODYPUMP	Laura	SALA 1	9:30	Cross Training	Jackie	SALA 1	9:30	PILATES	Jackie	SALA 1	10:30	LM CORE	Laura	SALA 1	10:30	BODYPUMP	Laura	SALA 1
10:30	PILATES	Jackie	SALA 1	10:30	HATHA YOGA	Olga	SALA 1	10:30	BODYPUMP	Laura	SALA 1	10:30	BODYPUMP	Laura	SALA1	10:30	CICLO INDOOR	Jackie	SALA 2	11:30	BODY BALANCE	Laura	SALA 1
10:30	CICLO INDOOR	Laura	SALA 2	11:45	PILATES	Jackie	SALA 1	10:30	CICLO INDOOR	Jackie	SALA 2	10:30	CICLO INDOOR	Jackie	SALA 2	11:30	PILATES	Jackie	SALA 1				
14:30	LM CORE	Laura	SALA 1	14:30	BODYPUMP	Laura	SALA 1	11:30	PILATES	Jackie	SALA 1	11:30	BODY BALANCE	Jackie	SALA 2	12:30	YOGA INTEGRAL	Olga	SALA 1				
17:30	BODYPUMP	Laura	SALA 1	17:30	ZUMBA	Laura	SALA 1	14:30	GAP/STEP	Laura	SALA 1	14:30	BODYPUMP	Laura	SALA 1	14:30	BODYPUMP	Jackie	SALA 1				
18:30	TOTAL TRAINING	Patricia	GIM	18:30	LM CORE	Laura	SALA 1	17:30	BODYPUMP HEAVY	Patricia	SALA 1	17:30	BODY BALANCE	Patricia	SALA 1	17:30	GAP/STEP	Laura	SALA 1				
18:30	BODY BALANCE	Laura	SALA 1	18:30	FUNCTIONAL TRAINING	Patricia	GIM	18:30	Cross Training	Patricia	GIM	18:30	COMBATT	Patricia	SALA 1	18:30	CICLO INDOOR	Jackie	SALA 2				
19:30	Cross Training	Patricia	GIM	19:30	Cross Training	Patricia	GIM	18:30	BODYPUMP	Laura	SALA 1	19:30	BODYPUMP HEAVY	Patricia	SALA 1	18:30	BODYPUMP	Laura	SALA 1				
19:30	GAP/STEP	Laura	SALA 1	19:30	BODYPUMP	Laura	SALA 1	18:30	CICLO INDOOR	Jackie	SALA 2	19:30	LM CORE	Laura	SALA1	19:30	BODY BALANCE	Jackie	SALA 1				
								19:30	PILATES	Jackie	SALA 1												
								20:30	BODYPUMP	Laura	SALA 1												