

# HORARIO CLASES COLECTIVAS



LUNES.				MARTES.			MIÉRCOLES.				JUEVES.				VIERNES.			SABADO.					
8:00	HATHA YOGA	SALA 1	OLGA	8:30	CICLO INDOOR	SALA 2	LAURA	8:00	HATHA YOGA	SALA 1	OLGA	8:30	CICLO INDOOR	SALA 2	LAURA	9:30	gap	SALA 1	LAURA	9:30	BODYPUMP	SALA 1	LAURA
9:30	BODYPUMP	SALA 1	JOAO	9:30	BODYPUMP	SALA 1	JOAO	9:30	BODYPUMP	SALA 1	LAURA	9:30	PILATES	SALA 1	JOAO	10:30	CICLO INDOOR	SALA 2	JOAO	10:30	BODYPUMP	SALA 1	LAURA
10:30	PILATES	SALA 1	JOAO	10:30	HATHA YOGA	SALA 1	OLGA	10:30	CICLO INDOOR	SALA 2	JOAO	10:30	BODYPUMP	SALA 1	LAURA	11:30	PILATES	SALA 1	DAVID	11:30	BODY BALANCE	SALA 1	LAURA
10:30	CICLO INDOOR	SALA 2	LAURA	11:45	PILATES	SALA 1	DAVID	11:30	PILATES	SALA 1	DAVID	11:30	BODY BALANCE	SALA 1	DAVID	12:30	YOGA INTEGRAL	SALA 1	OLGA				
11:30	gap	SALA 1	DAVID	14:30	BODYPUMP	SALA 1	LAURA	14:30	gap/STEP	SALA 1	LAURA	14:30	CICLO INDOOR	SALA 1	JOAO	14:30	MMA - MIXED MARTIAL ARTS	SALA 1	JOAO				
17:30	CICLO INDOOR	SALA 1	JOAO	17:30	ZUMBA	SALA 1	LAURA	17:30	BODY BALANCE	SALA 1	JOAO	17:30	BODY BALANCE	SALA 1	LAURA	17:30	gap/STEP	SALA 1	LAURA				
18:30	BODYPUMP	SALA 1	LAURA	18:30	LM CORE	SALA 1	LAURA	18:30	BODYPUMP	SALA 1	LAURA	18:30	BODYPUMP	SALA 1	JOAO	18:30	CICLO INDOOR	SALA 2	JOAO				
19:30	gap/STEP	SALA 1	LAURA	19:30	CICLO INDOOR	SALA 2	JOAO	18:30	CICLO INDOOR	SALA 2	JOAO	19:30	W.out zumba	SALA 1	LAURA	18:30	BODYPUMP	SALA 1	LAURA				
19:30	CICLO INDOOR	SALA 2	JOAO	19:30	BODYPUMP	SALA 1	LAURA	19:30	PILATES	SALA 1	JOAO	19:30	CICLO INDOOR	SALA 2	JOAO	19:30	BODY BALANCE	SALA 1	JOAO				
20:30	PILATES	SALA 1	JOAO	20:30	BODY BALANCE	SALA 1	LAURA	20:30	BODYPUMP	SALA 1	LAURA	20:30	HATHA YOGA	SALA 1	OLGA	20:30	Bailes Latinos	SALA 1	Enrique				

