LUNES.

8:00	HATHA YOGA	SALA 2	OLGA
9:30	BODYPUMP	SALA 1	JOAO
10:30	PILATES	SALA 2	JOAO
10:30	CICLO INDOOR	SALA 2	LAURA
11:30	BODY BALANCE	SALA 2	DAVID
17:30	LM CORE	SALA 2	JOAO
18:30	BODYPUMP	SALA 2	LAURA
19:00	functional express	GYM	TXEMA
19:30	GAP/STEP	SALA 2	LAURA
19:30	CICLO INDOOR	SALA 1	JOAO
20:30	PILATES	SALA 2	JOAO

MARTES.

8:30	CICLO INDOOR	SALA 1	LAURA
9:30	gap	SALA 2	JOAO
10:30	PILATES	SALA 2	DAVID
11:30	HATHA YOGA	SALA 2	OLGA
14:30	BODYPUMP	SALA 2	LAURA
17:30	ZUMBA / Kids	SALA 2	LAURA
18:30	HIIT EXPRESS	GYM	TXEMA
18:30	LM CORE	SALA 2	JOAO
19:30	CICLO INDOOR	SALA 1	JOAO
19:30	BODYPUMP	SALA 2	LAURA
20:30	BODY BALANCE	SALA 2	DAVID

MIÉRCOLES.

8:00	HATHA YOGA	SALA 2	OLGA
9:30	BODYPUMP	SALA 1	LAURA
10:30	CICLO INDOOR	SALA 2	JOAO
11:30	PILATES	SALA 2	DAVID
14:30	GAP/STEP	SALA 2	LAURA
17:30	ABDOMINAL POWER	SALA 2	JOAO
18:30	CORE EXPRESS	GYM	TXEMA
18:30	BODYPUMP	SALA 2	LAURA
18:30	CICLO INDOOR	SALA 1	JOAO
19:30	PILATES	SALA 2	JOAO
20:30	BODYPUMP	SALA 2	LAURA
20:30	MMA - MIXED MARTIAL ARTS	TATAMI	JOAO

JUEVES.

8:30	CICLO INDOOR	SALA 1	LAURA
9:30	PILATES	SALA 2	JOAO
10:30	BODY BALANCE	SALA 2	DAVID
11:30	BODYPUMP	SALA 2	LAURA
14:30	CARDIO JUMP	SALA 2	JOAO
17:30	BODY BALANCE	SALA 2	LAURA
18:30	LM CORE	SALA 2	JOAO
19:00	Mobility express	GYM	TXEMA
19:30	w.out zumba	SALA 2	LAURA
19:30	CICLO INDOOR	SALA 1	JOAO
20:30	HATHA YOGA	SALA 2	OLGA

VIERNES.

9.30	gap	SALA 1	LAURA
10:30	CICLO INDOOR	SALA 2	JOAO
11:30	PILATES	SALA 2	DAVID
14:30	MMA - MIXED MARTIAL ARTS	SALA 2	JOAO
17:30	GAP/STEP	SALA2	LAURA
18:30	CORE EXPRESS	GYM	TXEMA
18:30	CICLO INDOOR	SALA 1	JOAO
18:30	BODYPUMP	SALA 2	LAURA
19:30	BODY BALANCE	SALA 2	JOAO
20:30	Bailes Latinos	Polideportivo. Sala 2	Enrique

SABADO.

9:30	BODYPUMP	SALA 2	LAURA
10:30	BODYPUMP	SALA 2	LAURA
11:30	ZUMBA / Kids	SALA 2	LAURA